The Harris-Woodman Chair in Psyche-Soma at The University of Western Ontario Department of Psychiatry at Schulich School of Medicine & Dentistry

**PRESENTS THE FIRST BI-ANNUAL CONFERENCE IN:**

**BRAIN, MIND AND BODY:**
**TRAUMA, NEUROBIOLOGY, AND THE HEALING RELATIONSHIP**

**A PROFESSIONAL SEMINAR**
**FEATURING**

**JIM HOPPER, PHD**
**DONALD KALSCHEI, PHD**
**RUTH LANIUS, MD, PHD**
**ALLAN N. SCHORE, PHD**
**MARGARET WILKINSON, BA/SAP**
**MARION WOODMAN, PHD**

**AT THE**
**BEST WESTERN LAMPLIGHTER INN & CONFERENCE CENTRE**
**LONDON, ONTARIO, CANADA**

**SUNDAY, OCTOBER 26, 2008 AND MONDAY, OCTOBER 27, 2008**

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This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved by Continuing Medical Education, Schulich School of Medicine & Dentistry, The University of Western Ontario, (10.0 hours)

This program has no commercial support.
Agenda

Pre-Seminar Event - Saturday, Oct 25, 2008
7:00-9:00 PM Welcome Reception (Included)

Day 1 - Sunday, October 26, 2008
8:00 - 9:00 Hot Breakfast and Registration
9:00 - 9:15 Introductions – Dr. Sandra Fisman, Chair, Department of Psychiatry, Schulich School of Medicine and Dentistry; Judith Harris
9:15 - 12:15 Allan N. Schore, PhD – “Implications of Current Neuroscience and Attachment Theory for Clinical Models of Dissociation”
15 minute break
Donald Kalsched, PhD – “The Lost Child in the Body: Psycosomatic Considerations”
12:15 - 1:15 Lunch (Provided)
1:15 - 4:15 Marion Woodman, PhD - “The Dream as Mediator between Psyche and Soma”
15 minute break
Jim Hopper, PhD – “Reconditioning Traumatized Minds and Brains: Parallels between Neuroscience and Buddhism”
4:15 - 4:45 Panel Discussion
4:45 - 500 Adjournment/Evaluation/Wrap-up
7:00 Banquet (Optional)

Day 2 - Monday, October 27, 2008
8:00 - 9:00 Hot Breakfast and Registration
9:00 - 9:15 Introduction – Judith Harris
9:15 - 12:00 Ruth Lanius, MD, PhD – “Emotional Awareness and Self-Reflection: Building Blocks for an Embodied Sense of Self”
15 minute break
Margaret Wilkinson, BA/SAP – “The Neuroscience of Narrative Experience, Memory and Meaning-making”
Closing Remarks - Dr. Carol Herbert, Dean of Medicine, Schulich School of Medicine and Dentistry
12:00-12:30 Panel Discussion
12:30-12.45 Adjournment/Evaluation/Wrap-up

A minimum of 25% of all presentation time will be devoted to interactive activities (i.e. panel discussions, questions and answers, etc).

Who Should Attend
- Psychologists
- Social Workers
- Counselors
- Psychiatrists
- Nurses
- Psychoanalysts
- Marriage & Family Therapists
- Mental Health Providers

Skills Level - Intermediate/Advanced
Jim Hopper, PhD is a researcher, therapist, forensic consultant, instructor in Psychology at Harvard Medical School and Associate Researcher at Massachusetts General Hospital. He has studied the effects of trauma on the mind and brain for nearly 20 years, and in recent years has also studied addiction and the neurocircuitry of craving, seeking, and reward. As a 20-year practitioner in the Vipassana and Tibetan traditions, Dr. Hopper has completed several silent retreats and incorporates meditation and other Buddhist mind-training practices into his daily life and clinical practice. He also maintains a web site on child abuse issues that receives over 1 million annual visitors and includes the page, “Mindfulness: An Inner Resource for Recovery from Child Abuse.”

Donald E. Kalsched, PhD is a Jungian analyst and clinical psychologist who has a private practice in Katonah, New York and in Albuquerque, New Mexico. He is a senior faculty member and supervisor with the Inter-Regional Society of Jungian Analysts and a training analyst at the Westchester Institute for Training in Psychoanalysis and Psychotherapy in Bedford Hills, N. Y. His major book The Inner World of Trauma: Archetypal Defenses of the Personal Spirit (Routledge, 1996) explores the interface between contemporary psychoanalytic theory and Jungian theory as it relates to clinical work with the survivors of early childhood trauma. The author of many articles on the subject of trauma, he has lectured widely on this and other subjects related to Analytical Psychology. Currently, he is at work on a new book Trauma and the Soul. He and his wife Robin, also a Jungian analyst, live in Albuquerque, New Mexico during the winter, and summer in Trinity Bay, Newfoundland, Canada.

Ruth Lanius, MD, PhD graduated from the University of British Columbia with a combined M.D. and Ph.D. degree in Neuroscience in 1996. She continued her training at the University of Western Ontario where she completed her residency in psychiatry in 2000. She is an Associate Professor in the Department of Psychiatry at the University of Western Ontario. She established and directed the Traumatic Stress Service and the Traumatic Stress Service Workplace Program, services that specialize in the treatment and research of Posttraumatic Stress Disorder (PTSD) and related comorbid disorders. She currently holds the Harris-Woodman Chair in Mind-Body Medicine at the Schulich School of Medicine & Dentistry at the University of Western Ontario. Her research interests focus on studying the neural correlates of PTSD using neuroimaging (functional magnetic resonance imaging) and treatment outcome research examining various pharmacological and psychotherapeutic methods. Her research is currently funded by several federal funding agencies. Dr. Lanius is an ad hoc reviewer for numerous journals and granting agencies. She has lectured on the topic of PTSD in North America, Europe and Japan.

Allan N. Schore, PhD is on the clinical faculty of the Department of Psychiatry and Biobehavioral Sciences, UCLA, David Geffen School of Medicine. He is author of the seminal volume Affect Regulation and the Origin of the Self, and two recent books Affect Dysregulation and Disorders of the Self and Affect Regulation and the Repair of the Self. He is now Editor of the acclaimed Norton Series on Interpersonal Neurobiology. His ground-breaking contributions have impacted the fields of psychotherapy, psychoanalysis, affective neuroscience, neuropsychiatry, developmental psychopathology, trauma theory, infant mental health, and behavioral biology. Described as “the American Bowlby” and “the world's leading authority on neuropsychoanalysis,” he is on the editorial staff and reviewer of 26 journals, is involved in psychiatric neuroimaging research, conducts studies on trauma in wild elephants, lectures internationally to a variety of clinical and scientific audiences, and has practiced psychotherapy for four decades.

Margaret Wilkinson, BA, DipEd, DipTh is a professional member of the Society of Analytical Psychology, London and of The West Midlands Institute for Psychotherapy. She is an assistant editor of the Journal of Analytical Psychology. She leads neuroscience research reading seminars at The Northern School of Child and Adolescent Psychotherapy in the University of Leeds, England and at The Society of Analytical Psychology, London, England. She is a member of the national advisory group with responsibility for guidelines for the treatment of victims of trauma and abuse as well as the national working group for occupational standards for psychoanalytic and psychodynamic practice. She lectures internationally on contemporary neuroscience and its relevance to clinical practice. She is the author of numerous papers, her book Coming into mind: The mind-brain relationship: A Jungian clinical perspective was published by Routledge in 2006. Her forthcoming book exploring change in the consulting-room in relation to neuroscience, trauma and attachment will be published by Norton in 2009. She is in private practice in North Derbyshire, England. Her email address is mwilkinson@curbar@yahoo.co.uk
Marion Woodman, LLB, DHL, PhD is a Jungian Analyst, teacher and author of The Owl Was a Baker's Daughter; Addiction to Perfection; The Pregnant Virgin; The Ravaged Bridegroom; Leaving My Father's House; Conscious Femininity; Dancing in the Flames (with Elinor Dickson); Coming Home to Myself (with Jill Mellick); The Forsaken Garden: Four Conversations on the Deep Meaning of Environmental Illness, Marion Woodman, Ross Woodman, Sir Laurens van der Post, and Thomas Berry, edited by Nancy Ryley; The Maiden King (with Robert Bly); and Bone-Dying Into Life. A visionary in her own right, Marion Woodman has worked with the analytical psychology of C.G. Jung in an original and creative way. She is the Chair of the Marion Woodman Foundation. www.mwoodman.org.

Learning Objectives For Continuing Education

At the conclusion of this seminar the participant will be able to:

Hopper: Cite how Buddhist principles and practices, and recent insights from neuroscience can inform their practice as clinicians, particularly with trauma victims.

Kalsched: Tell how affective neuroscience and Jungian Depth Psychology are related.

Lanius: Explore the relationship between emotional awareness, self-reflection and a coherent sense of self and its relevance to clinical practice.

Shore: State how the attachment relationship acts to regulate the child's emotional state.

Wilkinson: Demonstrate critical awareness of effects of mother-baby interactions on early brain development, attachment patterns and developing sense of self.

Woodman: Explore physical illness, mental imbalance, and archetypal presence as related components in shaping one's destiny.

Continuing Education

Continuing education credit for this event is sponsored by The Institute for Continuing Education. The program offers 6.00 contact hours on October 26th, and 3.00 contact hours on October 27th. Credit is awarded on a daily basis, with full attendance required. Application forms will be available on site. If you have questions regarding continuing education, the program, or learning objectives, please contact The Institute at: 251-990-5030; FAX: 251-990-2665.

Psychology: This activity is co-sponsored by Trauma Recovery Consultants and The Institute for Continuing Education. The Institute for Continuing Education is an organization approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counselling: The Institute for Continuing Education is an NBCC approved continuing education provider and a co-sponsor of this event. The Institute for Continuing Education may award NBCC approved clock hours for programs that meet NBCC requirements. The Institute for Continuing Education maintains responsibility for the content of this program. NBCC Provider No. 5643.

Social Work: The Institute for Continuing Education is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), though the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the content of this program. ASWB Provider No. 1007. Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for license renewal.

Marriage-Family Therapy: The Institute for Continuing Education is an approved provider by the Ohio Board of Marriage-Family Therapy, Provider No RTX 100501.

Drug-Alcohol: The Institute for Continuing Education is approved by the National Association of Alcohol and Drug Abuse Counselors (NAADAC) to provide continuing education for alcohol and drug abuse counselors. NAADAC Provider No. 00243.

Nursing: The Institute for Continuing Education is approved by the National Association of Alcohol and Drug Abuse Counselors (NAADAC) to provide continuing education for alcohol and drug abuse counselors. NAADAC Provider No. 00243.

About The Seminar Sponsor

THE UNIVERSITY OF WESTERN ONTARIO DEPARTMENT OF PSYCHIATRY AT THE SCHULICH SCHOOL OF MEDICINE AND DENTISTRY is proud to sponsor this seminar, the first in a biannual series, that will celebrate the work of the Harris-Woodman Chair in Psyche and Soma and related areas of progress. The academic divisions within the Department of Psychiatry and most particularly, the Division of Neuropsychiatry has an established group of basic science and physician scientist researchers who have generated a body of knowledge linking body and mind research from molecular biology and neuroimaging to clinical interventions in several psychiatric disorders. This seminar will focus on the affective neurosciences and clinical interventions and particularly outline the progress that has been made in Post-Traumatic Stress Disorder.

Location

ADDRESS: Best Western Lamplighter Inn & Conference Centre
591 Wellington Road
London, Ontario, Canada N6C 4R3
PHONE: 519.681.7151 or call Toll Free 1.888.232.6747
E-MAIL: info@lamplighterinn.ca
WEBSITE: http://www.lamplighterinn.ca/main/
For Driving Directions and Map: http://www.lamplighterinn.ca/map/
ADA Section 504: For special accommodations call, 248-546-3550, Ext. 2

For Seminar info contact:

TRAUMA RECOVERY CONSULTANTS has over 15 years experience in the planning, organization, and management of professional development seminars/conferences. Ranging from consultation to partial/complete responsibility, Trauma Recovery Consultants has provided services to organizations throughout North America and the Caribbean.

Trauma Recovery Consultants
Dennis S. Pilon, LMSW: 248.546.3550 x.2
DSPilonTRC@aol.com
www.truamarecoverycenter.com
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(Confirmations will be sent by email only)

**FEE** (includes Saturday evening Welcome Reception, hot breakfast both days, Sunday lunch, and CME/CEU Credits)
- $295 before September 13, 2008
- $335 before October 4, 2008
- $375 after October 4, 2008 and onsite
- $50 Sunday evening Banquet

Complete and return this form with payment to:
Trauma Recovery Consultants
415 S. West St, Suite 150
Royal Oak, MI 48067
Fax: 248/546-8070

My check is enclosed for: $__________ Make checks payable to "Trauma Recovery Consultants." All fees are U.S. dollar. International registrants must remit payment in U.S. funds drawn on a U.S. bank. All non-sufficient funds checks will be charged a $20 service fee.

NOTE: DUE TO CURRENCY CONVERSION ISSUES, WE RECOMMEND YOU REGISTER ONLINE, BY FAX, OR SEND YOUR PAYMENT VIA CREDIT CARDS TO THE ADDRESS LISTED ABOVE. CHARGES WILL BE IN U.S. DOLLAR.

Please charge my:
- Visa
- MasterCard
- American Express
- Discover

Card Number Expiration date ____________________________________

Signature ___________________________________________________

Cardholder name if different from registrant _________________________

Credit Card Billing address if different from above ____________________

Charge on your credit card statement will be listed as: Trauma Recovery Consultants.

REGISTER ONLINE AT:
http://www.traumarecoverycenter.com/seminars.php
(pre-registration deadline September 13 & October 4, 2008)

**Cancellation Policy** Notification of cancellation must be in writing. Cancellations received by October 4, 2008 will be subject to a $75.00 cancellation charge. No refunds will be made for cancellations received after October 4th.